

Curriculum Vitae

Nathaniel W. Gump, PhD

Education

- Ph.D.** – 2006 **Southern Illinois University at Carbondale**, Department of Psychology
Major: Counseling Psychology (APA – Accredited Program)
Advisor: Kathleen Chwalisz, Ph.D.
GPA: 4.0 (4.0 scale)
Dissertation: Creativity and Self-Knowledge: Predicting Creativity with Values and Vocational Interests Measures.
Dissertation Chair: Stephen J. Dollinger, Ph.D.
- M.A.** – 2003 **Southern Illinois University at Carbondale**, Department of Psychology
Major: Counseling Psychology (APA – Accredited Program)
Advisor: Kathleen Chwalisz, Ph.D.
GPA: 3.89 (4.0 scale)
Thesis: Creativity and Work Preferences: Exploration of the Holland Typology through Creative-Level and Creative-Style Measures.
Thesis Chair: Stephen J. Dollinger, Ph.D.
- B.A.** – 2001 **Northern Illinois University**, Department of Psychology
Major: Psychology
GPA: Psychology GPA: 3.9 (4.0 scale) Overall GPA: 3.9 (4.0 scale)
- A.A.** – 1999 **Waubensee Community College**, Department of Psychology
Major: Psychology
GPA: Psychology GPA: 4.0 (4.0 scale) Overall GPA: 4.0 (4.0 scale)
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Licensure

EPPP: score 614 - exam taken on 02/01/2008
State of Wisconsin – License #: 2738-057 - Established 7/18/2008
State of Oregon - License # 2967 - Established 5/9/2018

Memberships and Honors

National Register of Health Psychologists member since 2012
American Psychological Association member since 2002
Doctoral Fellowship (2004-2005 academic year)
Doctoral Fellowship (2003-2004 academic year)
Master's Fellowship (2002-2003 academic year)

Clinical Work Experience

Private Practice Psychologist, Mindful Steps, LLC

October 2019 - Present

Responsibilities:

- Provide adult (18+) individual psychotherapy
 - Mindfulness-based CBT and Motivational Interviewing orientation
 - Primary focus: Anxiety, depression, relationship issues

Staff Psychologist, Oregon Counseling

November 2018 – October 2019

Responsibilities:

- Provide adult (18+) individual psychotherapy
 - Mindfulness-based CBT and Motivational Interviewing orientation
 - Primary focus: Anxiety, depression, relationship issues

Staff Psychologist, Sherman Counseling

February 2016 – October 2018

Responsibilities:

- Provide adult (18+) individual psychotherapy
 - Mindfulness-based CBT and Motivational Interviewing orientation
 - Primary focus: Anxiety, depression, relationship issues
- Provide consultation to other mental health providers
- Provide clinical supervision for LPC - In Training

Staff Psychologist, Aurora Health Care

January 2012 – January 2016

Responsibilities:

- Provide brief individual therapy within a mindfulness-based CBT and Motivational Interviewing orientation
- Maintain a large caseload within a primary care setting seeing patients with:
 - Anxiety, Panic, PTSD, OCD, and other related disorders
 - Depression, bipolar mood disorder, and grief
 - Pain management
 - Life transition, career exploration, and productivity enhancement
- Assist a variety of medical specialists with patient care
- Provide consultation to other mental health providers
- Provide psychological assessments as part of the abdominal transplant team

Staff Psychologist / Career Development Specialist, University of Wisconsin Oshkosh

August 2007 – December 2011

Responsibilities:

- Clinical duties
 - Conduct psychotherapy for individuals and groups
 - Provide short-term Employee Assistance Program (EAP) services
 - Perform crisis services to students in distress
- Training duties
 - Assist with training program development
 - Supervise a Masters-level intern. (Fall 2008, Fall 2010)

- o Primary supervisor for a contracted staff member. (Spring 2009)
 - o Develop and coordinate internship program – Academic/Career
- Outreach and consultation
 - o Provide specialized knowledge in career and academic counseling to the Counseling Center staff in the form of consultation, client referral, and/or staff training.
 - o Present on a variety of topics to classes, student groups, or staff
 - o Liaison with assigned residence halls to develop effective programming
 - o Co-teach a freshman year experience course. (Fall 2008, Fall 2009)
- Program coordination
 - o Campus Coordinator, Technical Administrator for the campus freshman transition survey (MAP-Works)
 - o Establish and coordinate academic counseling referral program
- Research and evaluation
 - o Coordinate center research/evaluation
 - o Serve on the student affairs assessment committee
 - o Serve on statewide college counseling center committee to evaluate and improve services

Supervised Clinical Experience

Postdoctoral Internship, Texas A&M Student Counseling Service, College Station, TX

August 2006-August 2007

Primary Supervisors: Mary Ann Covey, Ph.D. & Betty Milburn, PhD.

Responsibilities: Carry a caseload of academic, career, and personal individual counseling clients. Co-facilitate academic and career groups. Conduct intake assessments. Maintain client files. Assess clients' academic/ learning difficulty and structure therapy goals around resolving specific difficulties. Provide individual and group interpretations of academic and career assessments. Conduct workshops on a variety of topics including time management, procrastination, and transitioning to the university environment.

Supervision: Participate in individual supervision for one hour each week. Attend case conference with staff. Attend weekly Academic / Career Team meetings. Meet weekly with group co-facilitator to plan / evaluate group experience.

Doctoral Internship, Towson University Counseling Center, Towson, MD

July 2005 – July 2006

Training Director: Mollie Herman, Ph.D.

Responsibilities: Individually counsel university students on personal, emotional, and developmental issues. Conduct intake assessments, provided individual and group therapy, maintain therapy records, act as a liaison between the CC and Residence Life, provide psychological consultation for Resident Assistants, teach career-counseling-oriented class, perform CC-related research, attend intern seminars, and supervise an extern trainee. Give presentations on such topics as self-injury, suicide awareness, time management, stress management, procrastination, transitioning to graduate school, and setting the stage for a successful undergraduate career.

Supervision: Participate in individual supervision for two hours per week. Discuss issues of case conceptualization, client case management, and professional development. Also participate in group therapy supervision, outreach meetings, research seminar meetings, and supervision of supervision.

Advanced Practicum in Personal-Emotional Counseling, SIU-C Counseling Center,

Carbondale, IL

August 2005-May 2005

Supervisor: Rosemary Simmons, Ph.D.

Responsibilities: Individually counseled university students on personal, emotional, and developmental issues. Counseled clients with such issues as obsessive-compulsive disorder, panic disorder, relationship difficulties, and depression. Used the Personality Assessment Inventory as an assessment tool.

Supervision: Participated in individual supervision for one hour per week. Discussed issues of case conceptualization / treatment planning, and professional development.

Advanced Practicum in Personal-Emotional Counseling, SIU-C Counseling Center,

Carbondale, IL

August 2003-May 2004

Supervisor: Barry Vesciglio, Ph.D.

Responsibilities: Individually counseled university students on personal, emotional, and developmental issues. Used primarily interpersonal orientation with

cognitive-behavioral techniques to explore feeling, thoughts, and actions. Counseled clients with such issues as homophobia, anger expression, family communication, school transition, stress management, and relationship difficulties. Used the Personality Assessment Inventory as an assessment tool.

Supervision: Participated in individual supervision for one hour per week. Reviewed videotaped sessions with supervisor. Discussed issues of diversity, case conceptualization / treatment planning, theoretical orientation, and professional development.

Practicum in Personal-Emotional Counseling, SIU-C Counseling Center, Carbondale, IL
August January 2003-May 2003

Supervisor: Jean Cunningham, Ph.D.

Responsibilities: Individually counseled university students on personal, emotional, and developmental issues. Used primarily humanistic orientation with cognitive-behavioral techniques to explore feeling, thoughts, and actions. Counseled clients with such issues as depression, social anxiety, stress management, and relationship difficulties. Used the Personality Assessment Inventory as an assessment tool.

Supervision: Participated in individual supervision for one hour per week. Reviewed videotaped sessions with supervisor. Discussed issues of diversity, case conceptualization / treatment planning, theoretical orientation, and professional development.

Practicum in Personal-Emotional Counseling, SIU-C Counseling Center, Carbondale, IL
August 2002-December 2002

Supervisor: Mike Ardnt, M.A.

Responsibilities: Individually counseled university students on personal, emotional, and developmental issues. Used primarily humanistic orientation with cognitive-behavioral techniques to explore feeling, thoughts, and actions. Counseled clients with such issues as anger management, depression, stress management, social anxiety, and relationship difficulties. Used the Personality Assessment Inventory as an assessment tool.

Supervision: Participated in individual supervision for one hour per week. Reviewed videotaped sessions with supervisor. Discussed issues of diversity, case conceptualization / treatment planning, and theoretical orientation.

Individual Career Counseling, SIU-C Career Development and Resource Clinic
August 2002 – May 2003

Supervisors: Paul Gore, Ph.D., John Snyder, Ph.D., Jane Swanson, Ph.D.

Responsibilities: Individually counseled university students with primarily career and major of study difficulties.

Supervision: Participated in group supervision for one and one-half hours per week. Also consulted individually when needed. Supervision topics included case-conceptualization, counseling techniques, and case presentation.

Practicum in Career Counseling, SIU-C Counseling Center, Carbondale, IL
January 2002-May 2002

Supervisors: David Webster, M.A., Jane Swanson, Ph.D., & Roki Abakoui, Ph.D.

Responsibilities: Individually counseled university students on personal and career development/ exploration issues and choosing a major and career; assess client's values, interests, and abilities; administered and interpreted various career

assessments such as the Strong Interest Inventory, Myers-Briggs Type Indicator, and Card Sorts (majors, values, interests).

Supervision: Participated in individual supervision for one hour each week and group supervision for two hours per week. Group supervision included discussion of individual cases, peer feedback and suggestions, case presentation, and review of career assessment interpretation. Individual supervision included discussion of client issue from differing perspectives, case conceptualization and role-play.

Teaching Experience

Instructor – Research and Evaluation, Lakeland College, Neenah, WI.

Spring Interim 2009, Fall Interim 2009, Spring Interim 2010, Fall Semester 2010, Spring 2011, Summer 2011

Responsibilities: Developed course syllabus. Lectured and guided group discussion. Managed grade book. This course is a Masters-level introduction to research methods. Focus was put on practical application of research and conceptualizing organizational research.

Instructor – Career Counseling and Development, Lakeland College, Neenah, WI.

Fall Semester 2010

Responsibilities: Developed course syllabus. Lectured and guided group discussion. Managed grade book. This course is a Masters-level introduction to career counseling. Focus was put on connecting “career” and “personal” issues for a holistic counseling experience.

Co-Instructor – Intro. to Higher Ed. for First Year Students, UW Oshkosh, Oshkosh, WI.

Fall 2008, Fall 2009

Responsibilities: Worked on committee to develop course syllabus. Collaborated with another instructor to provide various viewpoints to new students. Guided small and large discussion groups. Provided writing feedback. Managed grade book.

Instructor – Personal Life and Career Planning, Towson University, Towson, MD.

Fall 2005

Responsibilities: Developed course syllabus. Lectured and guided group discussion. Managed grade book. Helped students identify vocational interests and values as well as personality style (MBTI). Assisted students in taking this information to explore academic majors and post-graduation careers.

Instructor – Introduction to Clinical & Counseling, Southern Illinois University, Carbondale, IL

Fall 2004, Spring 2005

Responsibilities: Developed course syllabus. Lectured and guided group discussion. Managed grade book. Created and graded exams and homework assignments. Gave feedback on writing style to help students improve writing ability.

Instructor – Personality Psychology, Southern Illinois University, Carbondale, IL

Summer 2004

Responsibilities: Developed course syllabus. Lectured and guided group discussion. Managed grade book. Created and graded essay exams. Gave feedback on writing style to help students improve writing ability.

Teaching Assistant – Research Methods, Southern Illinois University, Carbondale, IL

Fall 2003, Spring 2004

Instructor: Josephine Korchmaros, Ph.D.

Responsibilities: Kept current grades for students. Helped write exams. Graded class assignments. Held review sessions for students before exams. Conducted two 2-hour lab sections per week covering topics such as research report writing, hypothesis generation, operationalization of variables, data collection, and data analysis.

Instructor – Personality Psychology, Southern Illinois University, Carbondale, IL
Summer 2003

Responsibilities: Developed course syllabus. Lectured and guided group discussion. Managed grade book. Created and graded essay exams. Gave feedback on writing style to help students improve writing ability.

Teaching Assistant – Personality Psychology, Southern Illinois University, Carbondale, IL
Spring 2003

Lecturer: Stephen Dollinger, Ph.D.

Responsibilities: Kept current grades for students. Graded class assignments. Held review sessions for students before exams. Assisted in collecting and analyzing research data for class examples.

Teaching Assistant – Personality Psychology, Southern Illinois University, Carbondale, IL
Fall 2002

Lecturer: Bonnie Ekstrom, M. A.

Responsibilities: Kept current grades for students. Managed website for class including lecture notes, discussion board, e-mail, and on-line grade book. Lectured three weeks on various topics (e.g., Trait Theory and Humanistic Perspective). Helped write lectures and exams. Assisted proctoring exams. Graded all in-class assignments.

Teaching Assistant – Introductory Psychology, Southern Illinois University, Carbondale, IL
Fall 2001, Spring 2002, Summer 2002

Lecturer & Supervisor: Meera Komerraju, Ph.D.

Responsibilities: Facilitated weekly section meetings of 30 students; graded bi-monthly papers, administered exams, developed instructional materials; prepared mid-semester reports and meetings; and kept record of students' grades; met with students outside of class for academic counseling.

Research Experience: Non-Thesis/Dissertation Related

MAP-Works Coordinator, University of Wisconsin, Oshkosh

June 2009-December 2011

Responsibilities: Analyze data from a Freshman transition survey to help various departments better assist students in need. Provide annual report to the university.

Feedback Survey Coordinator, University of Wisconsin, Oshkosh

August 2008-December 2011

Responsibilities: Prepare and coordinate Counseling Center client feedback survey. Analyze data and disseminate to staff to assist with continuing education identification and Center improvement.

Research Assistant, Southern Illinois University, Carbondale, IL

August 2002- May 2002

Supervisor: Stephen Dollinger, Ph.D.

Responsibilities: Assisted in the scoring of autobiographical photography essays for creativity research.

Research Lab Volunteer, Northern Illinois University, DeKalb, IL

August 2000-May 2001

Supervisor: Peter Gutierrez, Ph.D.

Responsibilities: Attended lab meetings; assisted in design of research measures; administered adolescent suicide risk surveys at local high school.

Research Assistant, Internship at Northern Illinois University, DeKalb, IL

August 2000-May 2001

Supervisor: Anna Beth Payne, Ph.D.

Responsibilities: Created and maintained a searchable reference/keyword/abstract database; assisted in designing therapist training survey; attended meetings and gave progress reports.

Non-Conference Presentations

- Academic Success
- Assertiveness
- Career Interests (Holland Model)
- Career Personality (Myers Briggs)
- Career Values
- Careers in Psychology
- Counseling Services
- Graduate School (for McNair Scholars)
- Procrastination
- Stress Management
- Seasonal Affective Disorder
- Time Management
- Transitioning to College
- Transitioning from College to Work
- Video Games and Violence

Professional Presentations and Publications

Gump, N. W., & Clark, M. (2011, April) Interdepartmental Collaboration for Assisting Transition to College. Wisconsin College Personnel Association: From At-Risk to At-Promise in the Blink of an Educator's Eye. Oshkosh, Wisconsin.

Korchmaros, J. & Gump, N. (2009) Evaluation of Using Course-Management Software to Supplement a Traditionally-Structured Course Requiring a Group Research Project. *College Teaching*, 57, 161-166.

Dollinger, S. J., Burke, P. A., & Gump, N. (2007). Creativity and Values. *Creativity Research Journal*, 19, 91-103.

Gump, N. W., & Korchmaros, J. (2004, October) Use of WebCT for a Research Methods Course. In N. W. Gump (Chair) Teaching and the Internet: Beyond the literature review. Finding Out: Best Practices for Teaching Research Method and Statistics in Psychology symposium, Atlanta, Georgia.

References

Available upon request